

# Sexual Violence Prevention and Education Program



[Home](#) [About SVPEP](#) [Funded Agencies](#) [Site Map](#)

**EXIT**

[Home](#) > [RPEP](#) > [SVPEP website](#) > [agency updates](#) > [2001](#) > [Untitled Document](#)

## Agency Update - December 2001

**NEED HELP NOW?**

[Resources for Educators](#)

[Statistics](#)

[Research Summaries](#)

[Agency Updates](#)

[Arizona Sexual Violence Resources](#)

[Arizona Laws](#)

[State Coalitions](#)

[Other Links](#)

## SAFE ZONE

Working together to make a difference  
Help Break The Cycle of Violence.  
Become a Peer Advocate.  
It makes a world of difference!

### I want to be a part of SAFE ZONE!

Great! You are an important person with important ideas and we would love to have you be part of SAFE ZONE.

Here is what you need to know.

Peer Advocate requirements:

- .A commitment to attend meetings and trainings for one school year.
- .Attendance at weekly and monthly meetings.
- .Document all peer contacts.
- .Present information from trainings to your families and communities.
- .Plan and implement a school-wide sexual violence student awareness event.

### How will participating in SAFE ZONE benefit my child?

Peer Advocates will receive training from qualified professionals that will serve them throughout their lifetime, and valuable service experience. All students will benefit by the daily presence of peers who will be sources of information and support. The school community will be enhanced by the demonstrated commitment of staff and students to addressing sexual assault, abuse, and harassment. Finally, the Peer Advocates will share the knowledge they acquire with their families and the greater community.

### Se Habla Español

Si usted tiene preguntas por favor llame al 690-4447 y podrá obtener más información sobre el programa SAFE ZONE.

SAFE ZONE is a program developed by the Southern Arizona Center Against Sexual Assault.

We work with young men and women to help bring an end to violence. Our goal is to train you so that you in turn can educate others. Being a teenager is hard enough and it can be especially stressful if you have been a victim of violence or abuse. If you have been a victim, you need to know, it wasn't your fault and help is available. No one deserves to be a victim of violence. That is why SACASA is inviting you to become a member of SAFE ZONE.

As a SAFE ZONE member you will be trained to be a Peer Advocate and help empower those who have been victims of violence.

You will also become a leader by educating your peers about violence prevention and speaking out against violence.

Our goal is to reduce the impact and incidence of harassment, abuse, and violence by training youth to provide ongoing advocacy and education to their peers and communities.

### What will I learn from SAFE ZONE?

As a member of SAFE ZONE you will be trained in:

- . Crisis Intervention
- . Communication/Listening Skills
- . Dynamics of: Harassment (bullying), Sexual Harassment, Relationship Violence, and Sexual Abuse.

This training is set up to provide you with knowledge of how and why violence occurs within your age group, and most importantly the importance of your role in making a difference. Through out the training you will learn how to be a better listener, develop healthy relationships, assert your personal boundaries, provide support to those who need it, and be a role model for change!

#### **How will I put my knowledge to use?**

You will become an even more important part of your school. You will be a better friend, brother, sister, cousin, and/or peer to those who need your support. Your skills and knowledge will be vital in developing:

- . School-Wide event for Sexual Violence Awareness Month in April.
- . Resource books for your peers.
- . Educational programs for your peers.
- . Support systems that are vital to the growth and empowerment of teenagers.
- . Meet amazing people that are working in the community and make possible connections for your future.

#### **Working together to make a difference**

Southern Arizona Center Against Sexual Assault

1632 N. Country Club Rd.

Tucson, AZ 85716

Community Education and Outreach office: 520-690-4447

24 hr SACASA Crisis Line: 1-800-400-1001

Email: Lily De Santiago (SAFE ZONE Coordinator) [ldesantiago@sacasa.org](mailto:ldesantiago@sacasa.org)

#### **Sexual Violence Prevention & Education Program (formerly Rape Prevention & Education Program)**

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